










| Grandma was righta watched pot never boils. |
| :---: |
| One step at a time, baby. One step at a time. |
| No one is alone. |
| Always bring a book. |
| You're probably closer than you think. |
| $100 \%$ certainty is usually not a thing. If you're $80 \%$ sure, good enough. |
| This moment, right now, is a gift. |
| Put your phone down. Breathe. |
| Assume good faith. |
| When in doubt, take a walk or a shower. |
| Freedom is letting go of others' expectations. |
| Know your boundaries, and don't be afraid to enforce them |




[^0] Has secretly been
sleeping/living at school.
Has famous parents, but
has no idea... yet.

Discovers a secret door in their home that they never

Opens a mysterious piece of mail to
find the shock of a lifetime.
Is actually a part of another
country's royal family but learns
they were kidnapped.
Is a CIA agent as a 6th grader and


history book photo from
hundreds of years ago.
Posts a video that goes viral, but
 happens next.

Discovers on their 13th
birthday they have the ability
to set things on fire.
Goes for a walk in the forest
u!̣ ठuỊuuu!̣s צxeys e səəs pue mid-air.


Clean out your
locker/desk/backpack.
Sincerely compliment three


Check out a new book
from the library.
Write a short thank you note to a teacher and give it to them.

Organize your email.
Clean off your bedside table.

 'әхоэəq әлеч

Write a haiku.
Watch a "classic" film everyone


Re-read your favorite
'भооq s,иәхрт!̣ч
Text a silly joke to a friend you think could use a laugh today.





| Threadbare juggler! |
| :---: |
| Eater of broken meats! |
| Saucy lackey! |
| You mouldy rogue! |
| Poisonous bunch-backed toad! |
| A rare parrot-teacher! |
| Stuffed cloak-bag of guts! |
| You Banbury cheese! |
| Sanctimonious pirate! |
| Luxurious mountain goat! |
| Sated fool! |


[^0]:    Discovers during a plane crash that they can breathe underwater.

